



200-HOUR FOUNDATIONS OF AYURVEDA
Kripalu Faculty

ONLINE

WEDNESDAYS, APRIL 23–MAY 28

4:00–6:00 pm

ON CAMPUS

FRIDAY, MAY 30

7:00–8:30 pm

SATURDAY, MAY 31–THURSDAY, JUNE 5

6:30–8:00 am

9:00 am–12:00 pm

2:00–4:00 pm

4:30–6:00 pm

FRIDAY, JUNE 6

6:30–8:00 am

9:00–11:00 am

ONLINE

WEDNESDAYS, JUNE 11–25

4:00–6:00 pm

ON CAMPUS

FRIDAY, JUNE 27

7:00–8:30 pm

SATURDAY, JUNE 28–THURSDAY, JULY 3

6:30–8:00 am

9:00 am–12:00 pm

2:00–4:00 pm

4:30–6:00 pm

FRIDAY, JULY 4

6:30–8:00 am

9:00–11:00 am