

Kripalu School of Integrative Yoga Therapy Upcoming Module Dates

Foundations of Yoga Therapy, Part 1 (2024 Tuition: \$2002 plus accommodations and meals for on campus program)

- July 11, 2024 – July 24, 2024 (On Campus)
- January 10, 2025 – February 16, 2025 (Online over 6 weekends)

Foundations of Yoga Therapy, Part 2 (2024 Tuition: \$2002 plus accommodations and meals for on campus program)

- July 25, 2024 – August 7, 2024 (On Campus)
- March 7, 2025 – April 13, 2025 (Online over 6 weekends)

Foundations of Yoga Therapy (2x12 Day Sessions) (2025 tuition tbd)

- July 13-25, 2025; and September 14-26, 2025

In-Depth Anatomy of Asana (2024 Tuition: \$1134 plus accommodations and meals for on campus program)

- October 11, 2024– October 20, 2024 (On Campus)
- October 3, 2025 – October 12, 2025 (On Campus)

(If you are a student entering KSIYT in 2023 and beyond, you will receive your 300-Hour Advanced Teacher of Therapeutic Yoga certification at this point in your training.)

(If you are a student entering KSIYT in 2023 and beyond, you will be eligible to take the below modules in any order after you complete the above ones in succession.)

Mentored Practicum *(2024 Tuition: \$1249)*

Quarterly intake beginning in 2023 – January, April, July and October. Students must complete 150 hours of yoga therapy delivery under the guidance of a mentor.

Clinical Immersion *(2024 Tuition: \$696 plus accommodations and meals for on campus program)*

- October 21, 2024 – October 27, 2024 (On Campus)
- October 13, 2025 – October 19, 2025 (On Campus)

Yoga Therapy Applied in Medical Settings *(2024 Tuition: \$1134 plus accommodations and meals for on campus program)*

- November 8, 2024 – November 17, 2024 (On Campus)
- May 16, 2025 – June 15, 2025 (Online over 5 weekends)

Yoga Therapy Applications within Mental Health Settings *(2024 Tuition: \$1134 plus accommodations and meals for on campus program)*

- August 9, 2024 – August 18, 2024 (On Campus)

Pranayama, Mudra, and Subtle Anatomy *(2025 tuition is TBD)*

- August 8, 2025 – August 17, 2025 (On Campus)

Uniting Yoga and Ayurveda (2024 Tuition: \$1134 plus accommodations and meals for on campus portion)

- June 5, 2024 – July 14, 2024 (Hybrid)
 - 1 online weekend (Jun 7 – 9)
 - 4 online weekly Wed eve sessions
 - 7-night on campus immersion (July 7 – 14)

- February 28, 2025 – April 6, 2025 (Hybrid)
 - 1 online weekend (Feb 28 – Mar 2)
 - 4 online weekly Thurs eve sessions
 - 7-night on campus immersion (Mar 30 – Apr 6)

***Though we do not anticipate any date changes, Kripalu reserves the right to cancel or modify dates of any program or service. See our Terms and Conditions of Sale for more information*

***Please note that in accordance with IAYT standards, the 800-hr Yoga Therapy Certification must take a minimum of 2 years to complete.*