

## KSMOL GEAR LIST

- Shoes & Clothing
  - Comfortable hiking shoes (waterproof recommended)
  - Mud/rain boots (optional)
  - Rain pants
  - Jacket with a waterproof shell
  - Wool or synthetic top/bottom base-layers
  - Wool or fleece top mid-layers
  - Hiking pants
  - Warm hat
  - Gloves
  - Extra warm socks
  - Rain hat (optional)
- Accessories
  - Day pack (20L)
  - Gaiters (optional)
  - Trail seat/sit pad (for sitting on wet ground, ex. Therm-a-Rest Z Seat)
  - Outdoor chair (optional - if you prefer supported seating)
  - Wristwatch
  - Small fixed-blade knife (Mora brand: Eldris, Companion, Spark, or Kansbol recommended)
  - Headlamp
  - Water bottle (1 Liter recommended)
  - Mug and/or Thermos
  - Sunscreen (optional)
  - Insect repellent (optional)
  - Journal